

Shortening Powder

Nutrition Facts

Serving Size: 1 Tbsp (7g) Dry
 Servings Per Container: 178

Amount Per Serving		% Daily Value*	
Calories 50	Calories from Fat 45		
Total Fat 5g			8%
Saturated Fat 2.5g			13%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 15mg			1%
Total Carbohydrate 1g			0%
Dietary Fiber 0g			0%
Sugars 0g			
Protein 0g			
Vitamin A 0%	•	Vitamin C 0%	
Calcium 0%	•	Iron 0%	
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbs 4 • Protein 4			

DIRECTIONS:

Use in place of shortening, cup for cup (do not rehydrate).

INGREDIENTS: Creamer (palm oil, maltodextrin, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, sodium hexametaphosphate, and silicon dioxide).

Contains allergen: Milk.

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